

including treatment, harm reduction, community services, and Indigenous cultural supports. Actual or suspected coercion by health and social service providers toward abstinence-based treatment can erode youths' trust in health care and prevent them from accessing further services. Offering choice is a principle of trauma-informed practice that engages youth in health care decision-making and can improve adherence to patient-identified goals. ■

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Resources

- Ministry of Mental Health and Addictions: Pathways to mental health and substance use supports (<https://wellbeing.gov.bc.ca>).
- BCCDC Harm Reduction Services: Harm reduction site finder (<https://towardtheheart.com/site-finder>).
- First Nations Health Authority: Mental health and substance use (www.fnha.ca/what-we-do/mental-wellness-and-substance-use).

Virtual care resources

Virtual care has become a common occurrence in modern health care; however, determining the best way to start or refine a virtual practice is not always clear. Get started with some books and resources from familiar organizations.

For a topic as vast as virtual care, two general texts to start with are:

- *Telemedicine, Telehealth and Telepresence: Principles, Strategies, Applications, and New Directions* (e-book; <https://szasz.catalogue.libraries.coop/eg/opac/record/127343321>).
- *Fundamentals of Telemedicine and Telehealth* (e-book; <https://szasz.catalogue.libraries.coop/eg/opac/record/127340153>).

For resources beyond these general e-books, the College Library's virtual care resources list contains books, articles, and other resources covering many


virtual care situations, emphasizing virtual visits with patients, rather than remote consultations with other health care professionals (www.cpsbc.ca/files/pdf/Library-Virtual-Care-Resources.pdf).

Canadian and British Columbian resources about virtual care can also be found through the Canadian Medical Protective Association (CMPA), Doctors of BC, and the College. The collection of resources on CMPA's Telehealth and Virtual Care web page includes articles, learning activities, and FAQs to support virtual care that is safe for physicians and patients (www.cmpa-acpm.ca/en/covid19/telehealth-and-virtual-care). Doctors of BC offers how-to knowledge in its Virtual Care Toolkit (www.doctorsofbc.ca/sites/default/files/dto_virtual_care_toolkit.pdf). The College's Virtual Care Practice Standard offers regulatory insights into the practice of virtual care (www.cpsbc.ca/files/pdf/PSG-Virtual-Care.pdf).

For further information, contact the College Library at medlib@cpsbc.ca. ■

—Chris Vriesema-Magnuson
Librarian

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